



The government should introduce a sugar tax

Lately, the government has been implementing a tax of certain foods, such as sugar. It is the belief of many politicians that taxing sugar in the same way that we tax cigarettes will make the sugar-laden beverages and foods so expensive that people will be forced to not buy them. It has been a topic that has been growing in popularity over the years, and has been both implemented as well as repealed many times in the US.

Points For	Points Against
There is a massive obesity epidemic in the United States and adding a sugar or fat tax is a great way to get people to rethink buying unhealthy foods.	The government should stay out of the consumers pocket, if someone wants to purchase a sugar filled 2 litre drink, let that be their choice.
Added sugars, such as those from soft drinks and the like, have been known to cause all sorts of health issues, including heart disease. Limiting this by using a sugar tax is a great way to reduce illnesses and save costs from the government.	It mainly effects the poor and disenfranchised, who already have issues affording food. While richer people can afford the taxes, the poorer people will be left with less they are able to afford.
The World Health Organization says that people should consume no more than 10% of their total daily calorie intake in added sugar, this equates to about 12 teaspoons. Just one can of sugar-laden drink can have 8 grams of sugar in it alone.	There does not seem to be any evidence that it works. When counties tax sugar beverages, people tend to just buy their soda from the surrounding counties instead.



Useful language to use in formal debates

In general, you would need to come up with 4-5 main arguments to support your team's debating position. It's also important to remember to also anticipate the opposition's arguments to help you defend your team's point of view.

Building your Argument

Introducing your point: To begin with... First of all...

Connecting your points: Also... Furthermore... What's more...

Showing importance: More importantly... What's worse... Above all else...

Giving examples: For instance... For example...

Opinions, Preferences:

In my opinion..., The way I see it..., As far as I'm concerned..., If it were up to me..., I suppose..., I suspect that..., I'm pretty sure that..., I honestly feel that, Without a doubt...,

Disagreeing:

Don't you think it would be better..., Shouldn't we consider..., But what about..., I'm afraid I don't agree..., Frankly, I doubt if..., The truth of the matter is..., The problem with your point of view is that..., It's a fact that..., According to ..., The reality of the situation is..., The numbers show that..., The fact is this:...,

Partially agreeing:

I agree with you to a point however..., I see where you are coming from but..., I see what you are saying but ...,

Delaying Strategies

I can't answer that directly..., I'll need time to think about that..., That's a very interesting question, because..., That's a difficult question to answer,

Asking someone to repeat

Pardon me? Pardon? Excuse me? Sorry? I'm sorry? I beg your pardon?

Holding the floor

Hold on..., Hold on a second..., Yes, I was about to mention that..., Well, I was about to come to that..., Sorry, I haven't finished yet, I haven't made my point yet ...

Expressing solutions and alternatives

The solution is to..., Then you will..., The best way to ... is ...,
To ..., you really have to ..., There are many choices...,

Supplementary materials



If needed, each member can be given a card indicating their position in the debate.

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YOU AGREE**

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YOU DISAGREE**

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