



Cosmetic surgery should be banned

Cosmetic surgery is different from critical or reconstructive surgery because it is used to 'enhance' or 'make different' someone's physical appearance. In this way, it is not essential to life or health. In 2006 more than 11 million procedures were carried out in the United States and is already a multi-billion dollar business. In other countries, like China, it is an accepted practice and its use has increased rapidly over the last few years. It has become so normal that students graduating from university are sometimes offered enhancements as a reward for performing well in school.

Points For	Points Against
The costs are high for surgical procedures. Many people are injured or killed as a result of poorly qualified medical staff who are offering cheap and even illegal procedures. The risk of infection is also very high, why increase the chance of death just for vanity.	There is a psychological need for this type of surgery. Take the example of someone who was in a car accident. They may have suffered from scars to their ears and nose, as such, they are disfigured. Cosmetic surgery will lead them to a normal life again, and heal the scars you can't see.
For every doctor trained we expect them to work to save the lives of other people. We don't expect them to work purely for profit and to take skills, resources, time and money away from vital surgical procedures.	Physical appearances means a lot to people. How we look is vital since we are visual creatures. There are times when a blemish or discolouration would make people feel depressed and lead to low self-esteem.
It can be addictive. There are many examples of how people do not stop and continue to make changes to their body, which makes them look rather strange.	We are all entitled to our personal freedom. Your body belongs to you and no one else. If you want to change it, why not!



Useful language to use in formal debates

In general, you would need to come up with 4-5 main arguments to support your team's debating position. It's also important to remember to also anticipate the opposition's arguments to help you defend your team's point of view.

Building your Argument

Introducing your point: To begin with... First of all...

Connecting your points: Also... Furthermore... What's more...

Showing importance: More importantly... What's worse... Above all else...

Giving examples: For instance... For example...

Opinions, Preferences:

In my opinion..., The way I see it..., As far as I'm concerned..., If it were up to me..., I suppose..., I suspect that..., I'm pretty sure that..., I honestly feel that, Without a doubt...,

Disagreeing:

Don't you think it would be better..., Shouldn't we consider..., But what about..., I'm afraid I don't agree..., Frankly, I doubt if..., The truth of the matter is..., The problem with your point of view is that..., It's a fact that..., According to ..., The reality of the situation is..., The numbers show that..., The fact is this:...,

Partially agreeing:

I agree with you to a point however..., I see where you are coming from but..., I see what you are saying but ...,

Delaying Strategies

I can't answer that directly..., I'll need time to think about that..., That's a very interesting question, because..., That's a difficult question to answer,

Asking someone to repeat

Pardon me? Pardon? Excuse me? Sorry? I'm sorry? I beg your pardon?

Holding the floor

Hold on..., Hold on a second..., Yes, I was about to mention that..., Well, I was about to come to that..., Sorry, I haven't finished yet ., I haven't made my point yet ...

Expressing solutions and alternatives

The solution is to..., Then you will..., The best way to ... is ...,
To ..., you really have to ..., There are many choices....,

Supplementary materials



If needed, each member can be given a card indicating their position in the debate.

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